



BABAJI'S KRIYA YOGA®

The first in a series of progressive initiations
with Ganga Devi

in Barrie, Ontario

Apr 23-25; Sept 10-12; Nov 5-7, 2010

The goal of life is happiness, peace, love and enlightenment. The desire for perfection comes from the Self, the image of God which seeks to express itself through all humanity.

KRIYA YOGA is a scientific art of perfect God truth union. It was revived in modern times by a great master of India, Babaji Nagaraj, as a synthesis of the teachings of the 18 Siddhas. It includes a series of techniques.

Ganga Devi will be giving
an initiation seminar
Saturday and Sunday
Apr 24-25; Sept 11-12; Nov 6-7, 2010
9:00 a.m. to 5:30 p.m.
at the Yoga Room
44 Dunlop St E
Barrie, Ontario
Suggested contribution is \$295

This will be preceded by:
an introductory conference & meditation
Apr 23; Sept 10; Nov 5, 2010
from 7:00 pm to 8:30 pm
at the same location.

In this weekend you will learn 18 postures for greater health, relaxation and energy; the 6 phases of the powerful breathing technique, known as

**"Kriya Kundalini
Pranayama"**

to awaken and circulate subtle energies; 7 techniques of meditation to cleanse the subconscious, to master the mind and to bring about realization of the Self and Absolute Reality.

Ganga Devi, has a teaching degree from Hungary, and she began her spiritual journey when she moved to Canada in 1990. Ganga has practiced Yoga intensively since 1995. She started to teach Hatha yoga in 1998 and since then has taught it for thousands of hours. After searching for Truth for many years, in March 2000, when she attended the first initiation in Babaji's Kriya Yoga in Toronto, Babaji answered her call. She also found her spiritual family. Since then she has sincerely practised the 144 kriyas. Ganga participated in the first Kriya Hatha Yoga Teacher Training with Durga Ahlund in 2001. She is also certified as a teacher of Kundalini Yoga, and in Hatha Yoga by the Esther Myers Yoga Studio, Toronto, Canada. In November 2004, Ganga opened her studio, the Yoga Room, in Barrie, near Toronto, Canada.

For more information, or to enroll telephone **Ganga Devi** at:

Yoga Room
44 Dunlop St E, Barrie Ontario L4M 1A3
Tel: 705-792-5960
E-mail: gangauer@rogers.com

Visit: www.yogaroom-barrie.com & www.babajiskriyayoga.net



ENROLLMENT FORM FOR INITIATION INTO KRIYA KUNDALINI PRANAYAMA AND MEDITATION

Initiation into Kriya Yoga means to receive one's first experience with the techniques involved from someone who has been authorized to reveal them. While no prior experience with yoga is required, your response to these questions will facilitate evaluation of your readiness for initiation into Kriya Yoga. Confidentiality of the techniques is required to ensure that they will not be passed on to others in a modified or incomplete form.

Name _____ Email _____

Address _____ City _____ State or Prov. _____

Zip or postal code _____ Tel. Number _____ Date of birth _____

Proposed place and date of initiation _____

Why do you want to be initiated in the techniques of Babaji's Kriya Yoga? _____

What do you love most in this world? _____

What are your favorite books in spirituality, philosophy and metaphysics? _____

Have you been initiated into Yoga before? If so, where and by whom? Do you continue to practise the techniques learned? _____

Are you prepared to practise regularly and faithfully the techniques taught in the initiation classes? _____

Do you have any significant health problems like high blood pressure which might restrict your practice of the yoga postures? _____

Are you taking any medication? If so what? _____

I, _____ do solemnly promise to Babaji not to reveal to anyone the techniques of Kriya Kundalini Pranayama and meditation into which I will be initiated under any circumstances.

Signature

Date

Please return to Ganga Devi, Yoga Room, 44 Dunlop St E, Barrie, Ontario L4M 1A3 with a deposit of \$50 payable to "Ganga Auer". This deposit will be returned to you only if you are not accepted for initiation into Kriya Yoga or are prevented by unavoidable circumstances from attending. If you have any questions, please feel free to contact Ganga Devi at 705-792-5960, email ganguer@rogers.com. This document will be kept strictly confidential.

Thank you.