

BABAJI'S KRIYA YOGA

LEVEL 1 INITIATION SEMINAR WITH ROHINI

**The first in a series of progressive initiations
In Babaji's Kriya Yoga
In Elwood April 24 & 25, 2010**

The goal of life is happiness, peace, love and enlightenment. The desire for perfection comes from the Self, the image of God which seeks to express itself through all humanity.

KRIYA YOGA is a scientific art of perfect God truth union. It was revived in modern times by a great master of India, Babaji Nagaraj, as a synthesis of the teachings of the 18 Siddhas. It includes a series of techniques.

Rohini will be giving an
Initiation seminar 1
Saturday & Sunday
9:00am – 5:00pm
April 24 & 25, 2010
@ Elwood, VIC
Elwood Wellbeing Centre
41 Glenhuntly Road
Intro lecture Friday @ 7:30pm
Suggested Contribution \$295
Early bird (by April 4) \$200

In this weekend you will learn 18 postures for greater health, relaxation and energy; the 6 phases of the powerful breathing technique, known as

“Kriya Kundalini
Pranayama”

to awaken and circulate subtle energies; 7 techniques of meditation to cleanse the subconscious, to master the mind and to bring about realisation of the Self and Absolute Reality.

Rohini has practiced Kriya Yoga intensely since 1999, under the guidance and direction of M. Govindan, disciple of Babaji and author of the book Babaji and the 18 Siddha Kriya Yoga Tradition. After fulfilling certain rigorous conditions over several years, Rohini was inducted into Babaji's Kriya Yoga Order of Acharyas in Bangalore, India. She is now authorised to conduct first level initiations into Babaji's Kriya Yoga in Australia and abroad. She began her study of Yoga in the 1990's with Patabhis Jois, in Mysore and has raised a daughter through college graduation, managed a boutique and taught high school students. She gives a free monthly introductory lecture and asana class at her home in Daylesford, one hour from Melbourne, Australia, and teaches Kriya Yoga in seminars all over Australia and abroad.

For more information, or to enrol, contact:

Rohini (Rosi Ladner)
PO Box 303
Musk 3460
Australia

Phone 0401 369 743
rohini@babajiskriyayoga.net

Visit www.babajiskriyayoga.net

ENROLLMENT FORM FOR INITIATION INTO
KRIYA KUNDALINI PRANAYAMA AND MEDITATION

Initiation into Kriya Yoga means to receive one's first experience with the techniques involved from someone who has been authorized to reveal them. While no prior experience with yoga is required, your response to these questions will facilitate evaluation of your readiness for initiation into Kriya Yoga. Confidentiality of the techniques is required to ensure that they will not be passed on to others in a modified or incomplete form.

Name _____ Email _____

Address _____ City _____ State or Prov. _____

Zip or postal code _____ Tel. Number _____ Date of birth _____

Proposed place and date of initiation _____

Why do you want to be initiated in the techniques of Babaji's Kriya Yoga? _____

What do you love most in this world? _____

What are your favorite books in spirituality, philosophy and metaphysics? _____

Have you been initiated into Yoga before? If so, where and by whom? Do you continue to practise the techniques learned? _____

Are you prepared to practise regularly and faithfully the techniques taught in the initiation classes? _____

Do you have any significant health problems like high blood pressure which might restrict your practice of the yoga postures? _____

Are you taking any medication? If so what? _____

I, _____ do solemnly promise to Babaji not to reveal to anyone the techniques of Kriya Kundalini Pranayama and meditation into which I will be initiated under any circumstances.

Signature

Date

Please return to Rosi Ladner (Rohini), PO Box 303, Daylesford, VIC, 3460 (Australia) with a deposit of \$50 payable to "R. Ladner" (total contribution for weekend is \$A275). This deposit will be returned to you only if you are not accepted for initiation into Kriya Yoga or are prevented by unavoidable circumstances from attending. If you have any questions please feel free to call Rosi at 0401 369 743 or Email: yoginirohini@yahoo.com.au. This document will be kept strictly confidential.